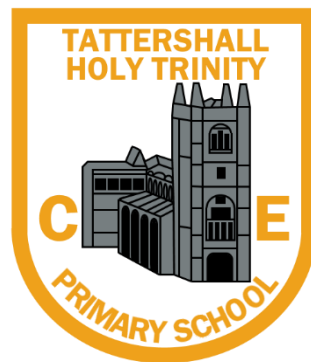


HOLY TRINITY PRIMARY SCHOOL  
CURZON ESTATE  
TATTERSHALL



*WE CARE, WE SHARE, WE LEARN.*

# Relationships, Sex and Health Education (RSHE) Policy

Author	H Boole	Date: January 2020
Review frequency	Annually	
Reviewed by	Staff, Parents, Pupils and Academy Committee July – Sept 24 2023	
Next review due	July 2025	

## SCHOOL VISION:

Inspired by God the Trinity and St Julian of Norwich, we have a vision to be an **aspirational** school that **honours and celebrates** each person. We work together to deliver excellence in learning so that our interests and talents can be **nurtured** for the benefit of the whole community. We are **knit together** by our shared values and we are **rooted in hope** for the future.

*“All shall be well because we are knit together and rooted in hope”*

This policy has been developed in consultation with all stakeholders, including Academy Committee members, staff, pupils and parents/carers.

1. Staff consultation – all school staff were given the opportunity to look at the policy and make recommendations
2. Parent/stakeholder consultation – the policy was sent to all parents and they were invited to send feedback or speak to the Executive Headteacher
3. Pupil voice – we listened to what exactly pupils want from their RSE
4. Ratification – once amendments were made, the policy was shared with governors and ratified

### **1. A Definition of Relationships, Sex and Health Education for Church Schools**

All Church of England and Methodist schools within the Diocese of Lincoln are statutorily required to teach Relationships Education, Relationships and Sex Education and Health Education. Within the context of Christian beliefs about human dignity (e.g. Genesis 1:26-27) and the need to love your neighbour as you love yourself (e.g. Mark 12:30-31), RSHE enables pupils to flourish and gain every opportunity to live fulfilled lives.

RSHE is about the emotional, social and physical aspects of growing up, healthy relationships, sex, human sexuality and sexual health. It is also about the spiritual and moral aspects of relationships within a context of a Christian vision for the purpose of life. Through RSHE in church schools, pupils will have the chance to learn about how to ensure that they treat themselves and others, at all times and in all contexts, with dignity and respect.

Relationships Education is learning about how to:

- be appreciative of existing relationships
- to form new healthy relationships
- to enjoy strong positive, non-exploitative, caring relationships online and in person.

This will particularly reference family relationships including marriage, friendships and relationships with peers and adults.

In this school any content that might be regarded as Sex Education: learning about human body parts, growth, puberty and reproduction will be taught through the Science

Curriculum. Parents do not have the right the excuse their children from this aspect of the curriculum.

Sex Education in primary schools is not mandatory; however, the National Curriculum for Science in primary schools includes content about human body parts, growth, puberty and reproduction. **Parents/guardians do not have the right to withdraw from this aspect of the curriculum.**

## **2. Statutory Requirements**

As a primary church academy, we must provide Relationships Education to all pupils as per section 34 of the Children and Social Work Act 2017. We do follow the National Curriculum, including requirements to teach science, which would include the elements of sex education contained within the Primary Science curriculum.

In teaching RSHE, we have regard to the guidance issued by the secretary of state as outlined in in [section 403 of the Education Act 1996](#).

We also have regard to legal duties set out in:

- Sections 406 and 407 of the Education Act 1996
- Part 6, chapter 1 of the [Equality Act 2010](#)
- The Public Sector Equality Duty (as set out in section 149 of the Equality Act 2010). This duty requires public bodies to have due regard to the need to eliminate discrimination, advance equality of opportunity and foster good relations between different people when carrying out their activities

At Holy Trinity Church of England Primary School, we teach RSHE as set out in this policy.

## **3. RSHE Curriculum**

Our RSHE curriculum has been developed in consultation with various stakeholders, including governors, staff, pupils and parents/carers and takes into account the context of the school and its pupils.

The topics covered include:

*Autumn 1: Being Me in My World Includes understanding my own identity and how I fit well in the class, school and global community. Jigsaw Charter established.*

*Autumn 2: Celebrating Difference Includes anti-bullying (cyber and homophobic bullying included) and understanding*

*Spring 1: Dreams and Goals Includes goal-setting, aspirations, who do I want to become and what would I like to do for work and to contribute to society*

*Spring 2: Healthy Me Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices, sleep, nutrition, rest and exercise*

*Summer 1: Relationships Includes understanding friendship, family and other relationships, conflict resolution and communication skills, bereavement and loss*

*Summer 2: Changing Me Includes Relationships and Sex Education in the context of coping positively with change*

This RSHE curriculum has been planned in the context of our broader curriculum intent, and the delivery of this part of the curriculum is one of the ways in which we seek to realise our overarching distinctively Christian vision. It reflects core Christian teachings about human beings and healthy relationships, including the belief that all are made in the image of God, are loved by God and are therefore to be treated with dignity and respect. This enables our pupils to understand that they should value the gift of themselves and recognise and respect this gift of uniqueness in others by seeking out healthy relationships. It will also help them understand a range of Christian views on the importance of long-term relationships as building blocks for family stability.

#### **4. Delivery of RSHE**

RSHE is taught as part of the broader PSHE curriculum. Biological aspects of RSHE are taught within the Primary Science Curriculum and some elements of RSE may be taught within the RE curriculum, particular with relation to a range of views on relationships from religions and worldviews. Teaching is delivered by class teachers; some elements of RSHE education are delivered by a trained health professional. The school uses a range of resources to deliver effective RSHE, including the PSHE scheme Jigsaw and all staff involved in delivering RSHE receive appropriate training and support. The Jigsaw Programme offers us a comprehensive, carefully thought-through Scheme of Work which brings consistency and progression to our children's learning in this vital curriculum area.

The overview of the programme can be seen on the school website. The mapping document: [Jigsaw 3-11 and statutory Relationships and Health Education jigsaw-3-11-and-rshe-overview-map.pdf](#) shows exactly how Jigsaw and therefore our school, meets the statutory Relationships and Health Education requirements

This also supports the "Personal Development" and "Behaviour and Attitude" aspects evaluated under the Ofsted Inspection Framework, as well as significantly contributing to the school's Safeguarding and Equality Duties, the Government's British Values agenda and

the SMSC (Spiritual, Moral, Social, Cultural) development opportunities provided for our children.

Pupil progress and attainment in RSHE will be monitored annually.

All RSHE is delivered with an understanding that pupils and staff may be personally engaged in different structures of support and familial relationships, including single parent families, LGBTQ families, families headed by grandparents, adoptive parents, foster parents/carers, young carers, etc. The RSHE curriculum has been carefully designed to ensure that no person feels stigmatised; this is set within the context of the biblical teaching that all human beings are created in the image of God (Genesis 1:26-7) and that Christians are called to respect and honour everyone (e.g. 1 Peter 2:17).

For more information about the delivery of RSHE, please contact the Head of School.

## **5. Inclusivity**

We will teach about RSHE in a manner that:

- Considers how a diverse range of pupils will relate to them
- Is sensitive to all pupils' experiences

During lessons, makes pupils feel:

- Safe and supported
- Able to engage with the key messages

We will also:

Make sure that pupils learn about these topics in an environment that's appropriate for them, for example in:

- A whole-class setting
- Small groups or targeted sessions
- 1-to-1 discussions
- Digital formats
- Give careful consideration to the level of support and scaffolding needed for pupils with special educational needs.

## **6. Parental Right to Withdraw from Sex Education**

Parents/guardians do not have the right to withdraw their children from Relationships Education. Elements of Sex Education are included in the Primary Science Curriculum and parents/guardians do not have the right to withdraw their children from the Science Curriculum.

Parents have the right to withdraw their children from the non-science elements of Sex Education within RSHE. Requests for withdrawal should be put in writing to the Head of School. We will invite you to talk through your concerns, review the materials we use and explain our rationale. Withdrawing your child from Sex Education remains a statutory right as a parent or legal guardian.

**This policy will be monitored and reviewed by the Head of School**

**Executive Headteacher reviewed and consulted with parents via email on 3<sup>rd</sup> July 2023**

**Approved by Academy Committee July 2023**