

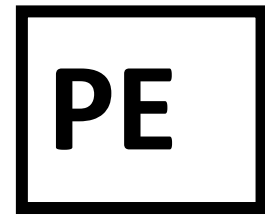


Aligned with our Trust's vision, **Excellence, Exploration, and Encouragement powered by Equity**, we are committed to overcoming social inequality, passionately striving to improve the life chances of every child in our care. Together, we embark on a journey of academic achievement and personal growth, ensuring that all students are supported and empowered to reach their full potential.



## P.E Vision Statement

At Holy Trinity Primary School, we believe all children should have access to a high-quality PE curriculum and PE should be an integral part of the whole school curriculum. Our School recognises the benefits **excellent** PE provision and school sport can give to all pupils. Our PE curriculum will contribute to healthy and active lifestyles; it encourages pupils to be physically active and seeks to improve physical fitness; promote good health; instil self-discipline; develop skill; improve self - confidence; reduce stress and develop lifelong learning skills.



PE within our school will develop not only physical skills, but it will allow pupils to learn about themselves, the importance of a healthy, active lifestyle, self - expression and concepts such as fair play and respect. It will also contribute to the development of a range of important cognitive skills, such as decision making and analysis, and social skills such as teamwork and communication. Our PE curriculum also improves emotional well-being, reduces challenging behaviour, increases attendance and develops key skills such as leadership.

As with all areas of the curriculum, it is inclusive to ensure that pupils of all abilities access the range of activities on offer (**equity**) and that they are physically active for sustained periods of time in order to encourage them to lead healthy, active lives. Pupils are consistently encouraged to participate in PE at their own individual level and to aspire to achieve their best. We endeavour to provide opportunities for pupils to **explore** new sports and to participate in competitive sports and activities both in and beyond the curriculum. This will mean that all pupils have the opportunity to participate in regular competitions.